

GUIA

VISITORS



Preface: Imagine a unique place! A border between three countries – Brazil, Paraguay, and Argentina; over 80 ethnicities living in peace and harmony; an excellent hotel industry; a grand shopping center; a rich and diverse gastronomy. Can you imagine it?

Now, add to all of this one of the 7 Natural Wonders – the Iguaçu Falls, and one of the 7 Wonders of the Modern World – the Itaipu Hydroelectric Dam. This is Foz do Iguaçu, a city that reveals many surprises for all types of tourists: nature lovers, engineering enthusiasts, and adventurers.

Whether interacting with macaws, toucans, parrots, and a vast biodiversity of Atlantic Forest birds at the Bird Park; cleansing your soul on the Macuco Safari tour; exploring endless international shopping possibilities, or relaxing in spas and thermal waters; Foz do Iguaçu is a complete destination, rich in diversity, attracting people from all over the world. Beyond the attractions, Foz do Iguaçu also charms with its people. A place where 80 nationalities coexist and share their teachings in harmony. With unyielding nature, engineering wonders, and religious temples, the city remains one of Brazil's most fascinating destinations. This is Foz do Iguaçu.

Welcome to the Destination of the World!

And with all its vastness, did you know the city has a legend behind its history? It's a love story that happened long ago, even before the Falls were formed... We'll tell you the entire legend at the end of this guide!

SUMMARY

About the city.....	04
Climate.....	05
Currency.....	06
Required documentation.....	06
Purchase Price.....	07
How to get to Foz do Iguaçu?.. ..	08
Where should I stay?	11
What to do in Foz do Iguaçu?... ..	13
Discover our tourist attractions!.....	13
How to get around Foz?	42
Discover the best shopping centers on the border!.....	44
Legend of the Falls... ..	47
4-DAY ITINERARY – FOZ DO IGUAÇU	48
5-DAY ITINERARY – FOZ DO IGUAÇU	49
7-DAY ITINERARY – FOZ DO IGUAÇU	50

About The City

Foz do Iguaçu is located in the westernmost part of Paraná state, at the border between Brazil, Paraguay, and Argentina. With the best urban infrastructure among its border counterparts, the city plays a significant role in the geopolitics of Mercosur (Southern Common Market).

According to the 2022 census, Foz do Iguaçu has a population of 285,415. It is the seventh-largest city in Paraná in terms of population, and its ethnic and cultural diversity gives it a cosmopolitan atmosphere. On the Argentinian side, Puerto Iguazú has 80,000 residents, while Ciudad del Este in Paraguay has approximately 350,000. Together, the tri-border region is home to an estimated 700,000 people.

In the southwestern part of the city, the Iguaçu and Paraná rivers converge, forming the tri-border area between Brazil, Argentina, and Paraguay.



Climate

Foz do Iguaçu is a year-round destination. Its landscape is stunning both during the rainy season, when the waterfalls' flow increases, and in the drier months, when the contours of the cascades are more defined.

In Foz do Iguaçu, summers are long and warm, while winters are short and mild. Throughout the year, temperatures typically range from 12°C to 32°C, rarely dropping below 4°C or exceeding 36°C. October is the rainiest month, while August sees the least amount of rainfall.

Based on statistical data, considering the average number of clear, rain-free days with perceived temperatures between 18°C and 27°C, the best times of the year to visit Foz do Iguaçu and enjoy outdoor tourism activities are from late March to mid-June and from late July to mid-October.

Average monthly temperature

Month	Minimum °C	Maximum °C	Precipitation (mm)
January	21	32	196
February	21	32	180
March	19	32	175
April	16	30	151
May	13	23	128
June	13	23	138
July	12	24	84
August	13	26	107
September	14	28	147
October	16	30	220
November	18	31	154
December	20	32	189

Source: Climatempo.

Currency

The main currencies used in the tri-border area are the US Dollar, Brazilian Real, Argentine Peso, and Paraguayan Guarani. Exchange rates can vary significantly between countries, so it is recommended to exchange currency in Brazil, where exchange offices typically offer market-aligned rates.



Required documentation

A valid ID card (RG) issued within the last 10 years, a passport, or a valid Driver's License (CNH) is required for travel exclusively between the border cities (Puerto Iguazú and Ciudad del Este). For longer trips, the CNH is not accepted.

Drivers of private vehicles must have the Carta Verde (International Vehicle Insurance) and CRV (Vehicle Registration Certificate) in the driver's name or an authorization from the owner. Be sure to check the legislation of each country.

Birth certificates, professional IDs, or digital documents are not accepted.

For crossing borders, international travel regulations apply. Pay special attention to the rules for minors traveling without both parents and/or legal guardians. Minors traveling with only one parent must have a notarized authorization.

Specific information on entry and stays longer than three days can be found on the following

websites:

Argentina: Extranjeros | Argentina.gob.ar

Paraguay: Requerimientos Migratorios de Ingreso y Salida del Paraguay | Migraciones Safety Tips for Foz do Iguacu <https://www.destino.foz.br/dicas-de-seguranca-em-foz-do-iguacu/>

Shopping Allowance

Tourists, individuals with valid RG and CPF documents, including minors under 18 accompanied by their parents, are entitled to a \$500 USD allowance in Argentina and Paraguay. This allowance is individual and specific to age-appropriate products.

In addition to this \$500 USD allowance, an extra \$500 USD is available for purchases at duty-free shops in Foz, totaling \$1,000 USD per CPF per month. For amounts exceeding the allowance, luggage declaration and tax payments at the Brazilian Customs Office are required, with guidance available from local tour guides.



How To Get To Foz Do Iguaçu

If the plane is the chosen means of transport, the traveler has three international airports that serve the region, each located in one of the tri-border cities.

Foz do Iguaçu Cataratas International Airport (IGU): The busiest option is Foz do Iguaçu Cataratas International Airport (IGU), located less than 20 minutes from downtown Foz do Iguaçu. IGU is the best choice for connections to major Brazilian cities, offering direct daily flights to São Paulo, Rio de Janeiro, Curitiba, Porto Alegre, Florianópolis, and Campinas. Additionally, there is currently an international flight to Chile operating three times per week, along with seasonal flights to various cities in Brazil, including the Northeast and Midwest regions.

Regular routes are operated by LATAM, GOL, AZUL, and JetSmart.

The airport has been fully renovated and now features a modern, well-equipped infrastructure to welcome tourists. It includes boarding bridges, VIP lounges, duty-free shops, souvenir stores, dining options, and parking with a capacity of 1,010 spaces.

Address: Rodovia das Cataratas, BR 469 km 16.5 - Telephone: 0800 727 4720
For more information visit: Foz do Iguaçu (PR) - CCR Aeroportos



Distance from the Airport to main locations in Foz do Iguaçu:

- 13 km to downtown;
- 14 km to the nearest hospital;
- 2 km to the nearest hotels;
- 15 km to Foz do Iguaçu International Bus Terminal;
- 8 minutes by car to Iguaçu National Park;
- 41 minutes by car to Cataratas del Iguazú International Airport (IGR) - Argentina;
- 1h02 minutes by car to Guaraní International Airport (AGT) - Paraguay.



Source: www.craeroportos.com.br/foz-do-iguacu-pr

Iguazú Falls International Airport (IGR):

Another option is the airport located in the Argentine city of Puerto Iguazú, about 50 minutes from downtown Foz do Iguaçu. It is the best choice for visitors arriving from Argentine cities or traveling within the neighboring country after visiting Foz do Iguaçu.

Guaraní International Airport (EIGHT):

It is the second busiest airport in Paraguay and is located in the city of Minga Guazú, 26 kilometers from the Friendship Bridge. Primarily focused on cargo transportation, it handles an average of four international flights per week and over 1,000 tons per month. Regarding commercial aviation, only Parair operates here currently, with four weekly flights connecting the Ciudad del Este region to Asunción.

Access by land:

If traveling by land, the main route to Foz do Iguaçu is the BR-277, a highway that crosses the state of Paraná from east to west. From Foz do Iguaçu, the distances are: 637 km to Curitiba, 940 km to Florianópolis, and 1,058 km to São Paulo, making it possible to travel by car or bus from these destinations.

The Foz do Iguaçu International Bus Station is served by 20 transport companies. Approximately 81 buses depart daily from this terminal to national destinations as well as Argentina and Paraguay, hence its international status. The place has a food court, shops, internet, bathrooms, luggage storage, self-service laundry, VIP room and showers. Transportation options from the station are plentiful, including taxis, motorcycle taxis and buses connecting to downtown Foz do Iguaçu and main tourist attractions.

WHERE TO STAY



As the 4th largest hotel hub in Brazil, Foz do Iguaçu boasts approximately 30,000 beds per day, distributed across 10,000 rooms in hotels, guesthouses, hostels, campsites, and apart-hotels.

SUPER LUXURY OPTIONS

- Hotel das Cataratas, A Belmond Hotel;
- LAS Hotel Boutique

LUXURY OPTIONS

- Bourbon Cataratas do Iguaçu Thermas Eco Resort
- DoubleTree by Hilton Foz do Iguaçu
- Eco Cataratas Resort by SJ Hotéis & Resort
- Grand Carimã Resort & Convention Center
- Mabu Thermas Grand Resort
- Rafain Palace Hotel & Convention
- Recanto Cataratas Thermas Resort & Convention
- Sanma Hotel
- Vivaz Cataratas Hotel Resort
- Wish Foz do Iguaçu

SUPERIOR OPTIONS

- › Hotel Continental Inn
- › Foz Plaza Hotel
- › Hotel Golden Park Internacional Foz & Convenções
- › Interludium Iguassu Convention
- › Nadai Confort Hotel & Spa
- › Wyndham Golden Foz Suítes
- › JL Hotel By Bourbon
- › Viale Cataratas Hotel & Eventos

ECONOMIC OPTIONS

- › Del Rey Quality Hotel
- › Foz Presidente Comfort
- › Hotel Portinari Centro
- › Ibis Foz do Iguaçu
- › Ibis Budget Foz Do Iguaçu
- › Mirante Hotel
- › SJ Tour
- › Tarobá Hotel
- › Tarobá Express
- › Viale Iguassu Hotel
- › Viale Tower Hotel

For more information about accommodations, visit www.iguassu.com.br.

WHAT TO DO IN FOZ DO IGUAÇU?

Explore our tourist attractions!

1) IGUAÇU FALLS

The Iguazu Falls, the largest set of waterfalls in the world, are formed by a group of 275 waterfalls on the Iguazu River, located on the border between Brazil and Argentina. In 2011, they were voted one of the New Seven Wonders of Nature through a popular vote organized by the New 7 Wonders Foundation. The access to the Iguazu National Park, a Natural World Heritage Site, is exclusively via tourist vehicles or buses departing from the Urbia+ Cataratas visitor center.

The route includes stops at various access points to the Cataratas trail and other attractions within the park, such as the Macuco Safari.

Operating Hours: Monday to Friday, 9 AM to 4 PM; Saturday and Sunday, 8:30 AM to 4 PM

Duration: Approximately 3 hours

In addition to regular walking on the National Park trails, there are also new experiences that allow you to view the Falls at different times.

1.1) POÇO PRETO

A 9-kilometer route through the Atlantic Forest, offering options for hiking and cycling. It's a perfect spot for birdwatching and environmental interpretation activities. The trail is open daily from 9 AM to 2 PM for cycling and hiking.

Operating Hours: 9am to 4pm every day.

1.2) BANANEIRAS

A 1.3-kilometer trail leading to the banks of the Iguazu River, where the Taupá Space offers a deck with a privileged view of the river that forms the falls. Open daily from 9 AM to 4 PM for hiking and cycling.

Operating Hours: 9am to 4pm every day.

Note: Comfortable clothing, closed shoes, insect repellent, and sunscreen are recommended for all trails and visits. Weather conditions may affect trail availability. Access to the trails is included in the park entrance fee.

1.3) BIKE POÇO PRETO

The Poço Preto Trail spans nine kilometers through the Atlantic Forest. A guided bike tour offers an immersive experience in environmental interpretation and a connection with the biodiversity of Iguazu National Park. This is an additional experience, not included in the park entrance fee.

Operating Hours: Monday to Sunday, at 9:20 am, 11:20 am and 1:20 pm.

1.4) SUNRISE AT THE

The Sunrise at the Falls experience starts at the Visitor Center of Iguazu National Park, with transportation provided to the Cataratas Trail.

The tour ends at Porto Canoas Restaurant, where breakfast is served from 7:30 AM to 9:30 AM. Visitors may also begin the tour at Naipi Space, with direct access to the panoramic elevators. From there, they can reach the Cataratas Walkway, which offers an impressive view of the Garganta do Diabo (Devil's Throat), one of the most stunning waterfalls, standing at 80 meters tall.

Operating Days: Thursdays and Saturdays

Boarding Time at Visitor Center: Spring/Summer: Between 5:30 AM and 6 AM

Fall/Winter: Between 6:30 AM and 7 AM

Capacity: 250 visitors per day



1.5) SUNSET AT THE

The Sunset at the Falls tour begins at the Visitor Center of the park, with boarding times at 4 PM and 4:30 PM. Visitors are transported to the first viewpoint, located in front of the Hotel das Cataratas.

Participants may also disembark directly at the Naipi Space, where elevators provide access to the walkway, offering a privileged view of the imposing Devil's Throat. At Naipi Space, visitors are welcomed with live music and a complimentary toast featuring sparkling wine, water, and juice options, all included in the ticket price.

Operating Days: Tuesdays, Fridays, and Saturdays

Boarding Time at Visitor Center: Spring/Summer: Between 5 PM and 5:30 PM (Return by 7:30 PM) Fall/Winter: Between 4 PM and 4:30 PM (Return by 6:30 PM)

Capacity: 200 visitors per day



1.6) NIGHT AT THE

The Night at the Falls experience offers breathtaking views of the moonlight and starry skies at the Iguaçu Falls. The ticket includes park entry after closing hours and a gastronomic experience featuring cheeses and pasta at Porto Canoas Restaurant.

The tour begins at the Visitor Center, with a single boarding time at 7:30 PM, transporting visitors to Naipi Space. From there, panoramic elevators take them to the walkway for an exclusive view of the majestic Devil's Throat.

Porto Canoas Restaurant opens at 8 PM, offering a cheese and pasta buffet with various accompaniments included in the ticket price.

Operation: Every Saturday Spring/Summer: Departures between 8:30 PM and 9:00 PM. Returns at 10:00 PM, 10:45 PM, and 11:30 PM. Fall/Winter: Departures between 7:30 PM and 8:00 PM. Returns at 9:00 PM, 9:45 PM, and 10:30 PM.

Limited capacity: 200 spots per day.

For more information visit: www.cataratasdoiguacu.com.br



1.7) YTEPOPO TRAIL

The Ytepopo Trail, located within Iguazu National Park, offers a light, self-guided walk of approximately 1,600 meters. The name, derived from the Guarani language, means "Earth Path" and reflects the connection with the region's nature and indigenous culture. Along the trail, visitors encounter informational signs highlighting the biodiversity of the Atlantic Forest, as well as the historical and cultural aspects of the Guarani people. It is an opportunity to appreciate the wildlife, flora, and the serene environment of the preserved forest.

Operating hours: Daily, from 9:00 AM to 4:00 PM.

2) MACUCO SAFARI

The Macuco Safari begins with a two-kilometer journey through the jungle of Iguazu National Park. Transportation is provided by electric vehicles and guided by bilingual experts who share insights and curiosities about the local fauna and flora. A 600-meter walk through the forest enhances the adventure, allowing visitors to feel the freshness of the Atlantic Forest, the sounds of nature, and the exuberance of its wildlife and vegetation. The trail ends at a deck equipped with a souvenir shop, restrooms, and lockers. From there, an electric tram takes visitors to the Iguazu River pier, where bi-motor boats depart for a spectacular view and an exhilarating soak under the Iguazu Falls—a refreshing experience for the soul! The Macuco Safari is an activity within Iguazu National Park. Please note that the park admission fee is not included and must be purchased in advance on their website.

Operating hours: Monday to Friday: 9:00 AM to 5:00 PM. Saturday and Sunday: 8:30 AM to 5:00 PM

Departures every 20 minutes, no prior booking required.

For more information, visit: <https://macucosafari.com.br/>

3) PANORAMIC HELICOPTER FLYOVER

Flying over the Iguazu Falls is a once-in-a-lifetime experience. The panoramic helicopter flights allow you to admire one of the world's most iconic landmarks from a unique perspective. A second, private tour option also includes views of the Tancredo Neves Bridge, the Three Borders Landmark, the Friendship Bridge, and Itaipu Dam.

Operating hours: Daily, from 9:00 AM to 4:30 PM.

Duration: Route 1: 10 minutes | Route 2: 1 hour 30 minutes

For more information, visit: <https://www.helisul.com/servicos/voos-panoramicos/>



4) IGUASSU BIKE

The Iguassu Bike Tour begins with a 1.3 km trail, where you can immediately connect with nature and admire the beauty of the Iguazu National Park. During the 11.5 km route, instructors share the park's history, curiosities, and provide necessary support for bike use. Several stops are made throughout the ride for rest, hydration, and photo opportunities to capture the exuberant Atlantic Forest and its diverse fauna and flora.

At the end of the tour, you can enjoy the view of the Iguazu Falls in front of the Belmond Hotel, and the guides will take care of returning the bikes.

Operating hours: Tuesday to Sunday at 9:00 AM. Limited availability; prior booking required.

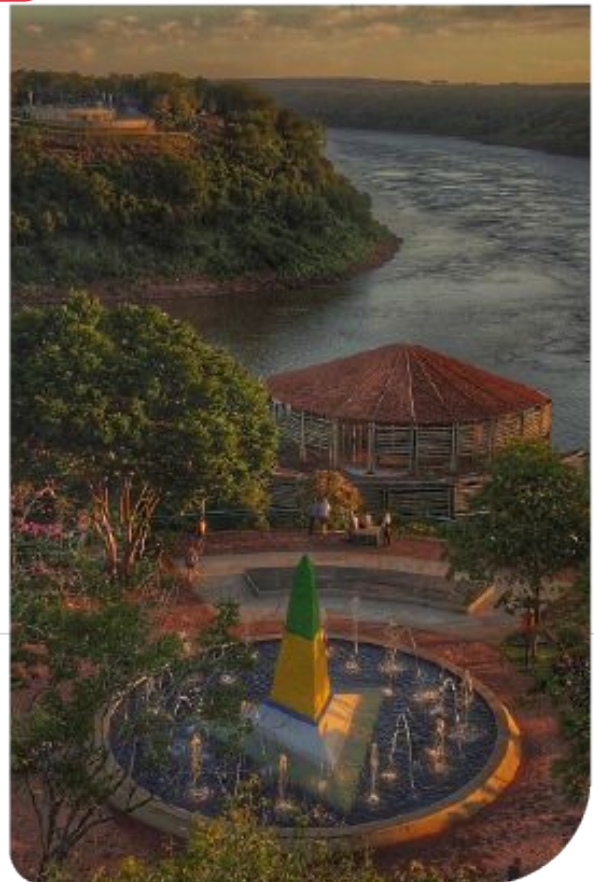
Duration: 1 to 2 hours, depending on the physical condition of each participant.

Meeting Point: Visitor Center of the Iguazu National Park.

5) MARCO DAS TRÊS FRONTEIRAS (THREE BORDERS LANDMARK)

Considered one of the main symbols of the Iguazu Destination, at Marco das Três Fronteiras it is possible to see the meeting of the Paraná and Iguazu rivers and the three obelisks from each of the three countries built to celebrate peace between the people of the trinational region. The tourist complex offers typical regional cuisine and it is possible to admire and take beautiful photos of the sunset. At dusk, Marco Três Fronteiras presents the show "Legend of the Cataratas", a ballet that tells the story of the indigenous couple Naipi and Tarobá, as well as the origin of the Iguazu Falls, and typical dances that pay homage to neighboring countries, with dancers characterized according to with each region. There is also a memorial, children's playground, restaurant and scenic village on site.

Operating hours: Tuesday to Sunday, from 1:30 PM to 9:00 PM.



6) ITAIPU BINACIONAL

Itaipu Binacional is the world leader in clean and renewable energy production. Inaugurated in 1984, this impressive structure is managed by two countries, an example of successful international cooperation, providing essential energy to their populations. To give an idea, 8.7% of Brazil's energy and 86.4% of Paraguay's energy are supplied by Itaipu.

The name "Itaipu", which means "the singing stone" in Tupi Guarani, reflects the grandeur of this project that contributes to the region's and the world's energy sustainability.

The cost to visit Itaipu Binacional varies depending on the type of tour chosen. The main tours include:

6.1)

ITAIPU

PANORÂMICA

Learn about the history and curiosities of the plant's construction. Audio guide and tour monitors available to enhance the experience.

Operating hours: Daily, from 8:30 AM to 4:00 PM.

Duration: 1 hour and 10 minutes.

6.2) ITAIPU ESPECIAL

For enthusiasts of engineering, technology, and major constructions, the Special Circuit of Itaipu is a must. In addition to the external route (including stops at two viewpoints and the plant's exterior), this tour includes an additional stop at the top of the dam, 255 meters above sea level. Visitors also explore the dam's interior and powerhouse, with close-up views of the Forced Conduits, Concrete Cathedrals, Central Command Room, Generator Unit Gallery, and Turbine Shaft. The tour is conducted by tourism monitors who provide details about the construction history and current operations.

Operating hours: Daily, but spots and schedules are limited. Purchase tickets online to secure your visit.

Duration: 2 hours and 30 minutes.

6.3) Itaipu Iluminada

This tour honors Itaipu's dam builders. It includes an audio guide on the bus and a themed musical performance featuring border songs at the Central Viewpoint. The highlight is the monumental illumination of the dam, accompanied by a soundtrack. The tour is conducted in Portuguese and offers options with or without dinner. The tour is suitable for all ages, but the music volume may be uncomfortable for individuals with autism, young children, and the elderly.

Operating hours: Fridays and Saturdays at 7:00 PM.

Duration: 2 hours.

6.4) Itaipu Biological Refuge

Created to preserve fauna and flora during the reservoir's formation, the Bela Vista Biological Refuge is a benchmark in conservation, particularly for other companies in the energy sector. The conservation unit is home to nearly 200 animals from 52 species and hosts the world's most successful harpy eagle reproduction program, with 56 births since 2009. The refuge has also seen success with jaguar reproduction, with the latest two cubs born in November 2022 (the first in 2016). The tour includes a 2-kilometer walk through a trail in the native forest.

Operating hours: Wednesday to Monday, with limited spots and schedules.

Duration: 2 hours and 30 minutes (approx. 30 minutes by vehicle and 2 hours of light walking).

For more details, visit <https://turismoitaipu.com.br/ingressos-e-passeios/>

6.5) Itaipu By Bike

Itaipu By Bike offers cyclists the chance to explore the grandeur of Itaipu Dam and its surroundings through bike paths and trails, combining adrenaline and scenic views. The tour is available for private groups of at least 40 people and must be booked in advance. For details and reservations, contact:

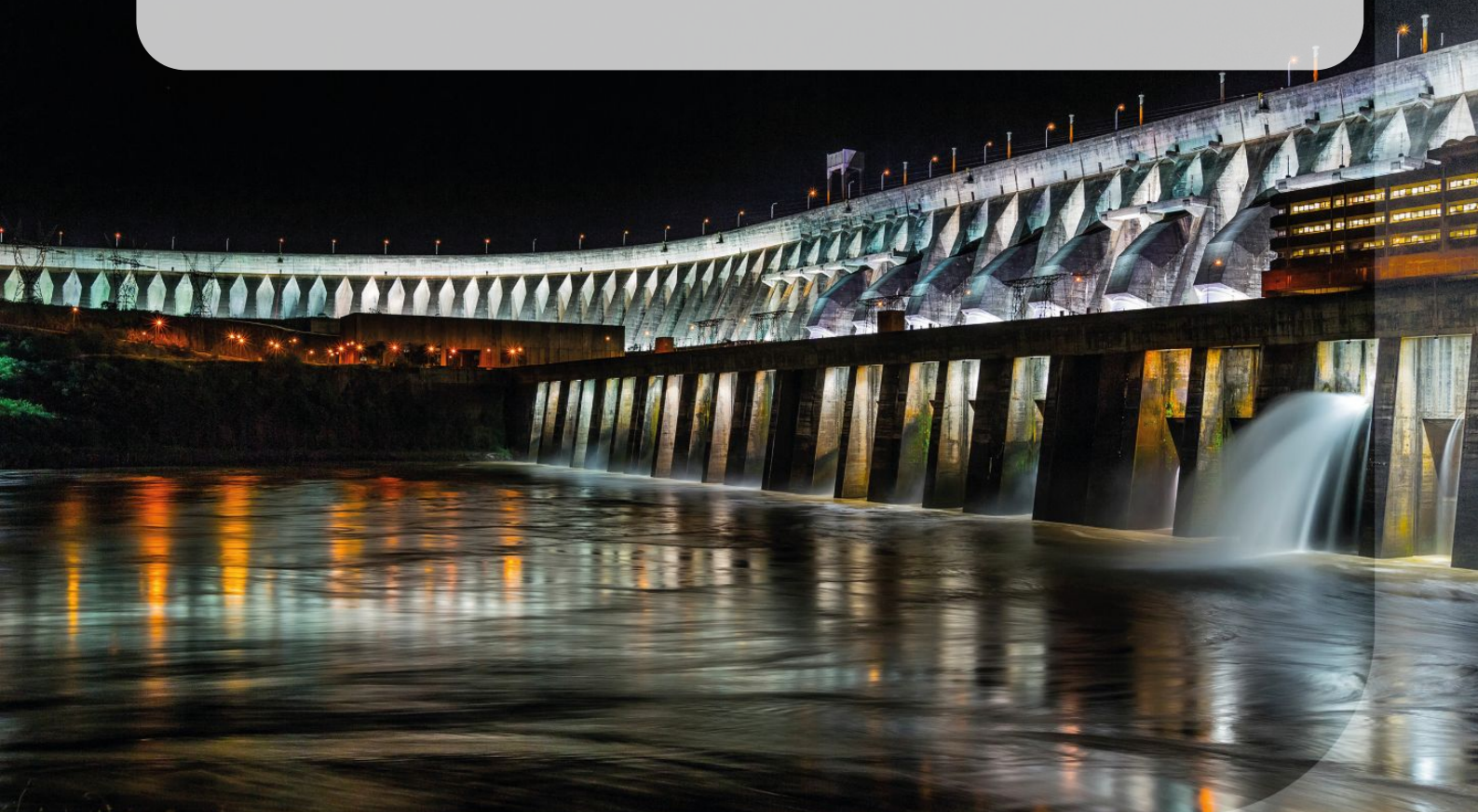
Phone: +55 (45) 3198-1800

Email: info@turismoitaipu.com.br

6.6) Itaipu Ecomuseum

The Itaipu Ecomuseum preserves and showcases the historical, cultural, and environmental memory of the Foz do Iguaçu region. With interactive exhibits and a collection of over 40,000 items, it tells the story of the dam's construction, its regional impact, and the importance of environmental conservation. Visitors can explore topics such as biodiversity, archaeology, and sustainable development. The museum undergoes continuous updates, with modernization projects enriching the experience.

Operating hours: Wednesday to Monday, from 8:30 AM to 4:00 PM.



7) BIRD PARK

The Bird Park is the only institution in the world focused on conserving the vibrant birds of the Atlantic Forest, offering an immersive and close-up experience with these species. Visitors to the Bird Park also learn about the work being done to reverse the conservation crisis these birds and the Atlantic Forest are facing. At this park, you can have a complete experience of connection and knowledge about the birds and their forests, a natural heritage of global importance within your reach, as visitors enter the natural habitat of the species, which are housed in large aviaries with trails through the Atlantic Forest.

Operating hours: Daily, from 8:30 AM to 4:30 PM. **Learn more on the website:** <https://www.parquedasaves.com.br/>



8) DREAMSPARK SHOW

Wax Museum, Wonders of the World, Dinosaur Valley, Ice Bar, Motor Show, Eco Park, and much more. The Dreams Park Show is an entertainment complex located on Avenida das Cataratas, the main tourist route of Foz do Iguaçu. All attractions are at the same address, except for Eco Park, which is about 600 meters away, and a van transports visitors from Dreams Park Show to Eco Park by Dreams for free, in the morning and afternoon. It is possible to buy separate tickets for each attraction or combo tickets with special prices.



From the Queen of England and Hollywood stars to the Minions, idols from all generations and celebrities can be found at **Dreamland Wax Museum**. Discover the most beloved characters by both children and adults who made history and continue to be successful today.

In the same building, there is **Wonders of the World**, an attraction that takes you on a journey through some of the most famous places on the planet in just a few steps. About 50 replicas and settings mimic various monuments, tourist spots, and attractions from five continents.

Another adventure that fascinates children, in particular, is **Dinosaur Valley**. Face Jurassic beasts on an outdoor trail surrounded by lush greenery, streams, and waterfalls. A fun and educational experience featuring life-sized robotic simulations. The starting point for Dino Adventure, which includes activities like treetop climbing, rock climbing, and zip-lining, is within Dinosaur Valley.

Dreams Ice Bar is a chilling experience at -15°C in Foz do Iguaçu, one of the hottest cities in southern Brazil. Visitors are provided with special clothing, such as gloves and jackets. The venue features seating, a bar, sculptures, and glasses made of ice. Drinks are included in the open bar.

Whether day or night, rock n' roll and good food come together at **Dreams Motor Show**. The attraction is a motorcycle museum with a bar, restaurant, and live shows. The perfect space to recharge at any time of the day or night, with several themed environments suitable for various events.

History, culture, animal care, and environmental education are at the heart of **Eco Park by Dreams**. The ecological park offers experiences for the whole family, from interacting with the fascinating and ancient art of falconry to learning about the culture and tradition of the Creole horse. Visitors can also explore a farm and a bird immersion aviary.

Operating hours:

Dreams Park Show: Monday to Sunday, 9:00 AM to 10:00 PM.

Eco Park by Dreams: Monday to Sunday, 9:00 AM to 5:00 PM.

Dreams Ice Bar: Monday to Sunday, 10:00 AM to 10:00 PM (last session starts at 9:10 PM). Duration: Free, except Ice Bar (30-minute stay).

To check the schedules for each attraction and ticket prices, visit the website:
<https://dreamsparkshow.com.br/>

9) YUP STAR FOZ

From the top of Yup Star Foz, you will see the most beautiful sunset of the three borders. With a height of 88 meters, the Ferris wheel is located at the meeting point of the Iguazu and Paraná Rivers. On this adventure, you'll enjoy a unique view of the three countries, perfect for creating unforgettable memories. There are 36 air-conditioned cabins, each with a capacity for up to eight people.

Duration: Each round lasts approximately 20 minutes, and visitors can take as many rides as they want with a single ticket. To check operating hours and ticket prices, visit the website: <https://yupstar.com.br/>

10) WONDER PARK FOZ

Located on the city's main tourist corridor, Avenida das Cataratas, Wonder Park Foz is a theme park with the following attractions:

10.1) Movie Cars: This themed attraction brings together the most famous cars from the movies in one place. There are around 50 vehicles in more than 20 authentic and exclusive settings that reflect pop culture, such as music, movies, and iconic personalities. Bonnie's Burger: A 50s-themed hamburger restaurant with a vintage atmosphere, reminiscent of American diner-style eateries. The menu includes classics like milkshakes, banana split, burgers, and executive plates.

Operating hours: Daily from 11:00 AM to 11:00 PM.

10.2) Water Show: If Foz is the land of waters, imagine if they could dance... That's the concept behind the Water Show, Brazil's largest water show, which takes place on the lake within the Wonder Park Foz complex.

Visitors can watch a spectacular display of lights, choreographed fountains, and 3D projections of cinema's greatest hits from a privileged deck view.

Operating hours: Daily, from 6:00 PM to 11:00 PM.

10.3) Lumina Park: Lumina Park is a space full of magic and technology, ideal for families and visitors of all ages. The park uses lights, projections, and sounds to create interactive and enchanting settings that transport visitors into a world of fantasy. During the experience, visitors can walk through themed areas, take photos in stunning settings, and be amazed by the visual and sound effects.

Operating hours: Daily, from 6:00 PM to 11:00 PM.

For more information on schedules and tickets for Wonder Park Foz, visit:

<https://wonderparkfoz.com.br/>





11) RAFAIN CHURRASCARIA SHOW

The restaurant is one of the most traditional in the region, specializing in barbecue served buffet-style or self-service, and features a Latin American show recognized by the Guinness World Records. The show, which takes place Monday to Saturday, takes guests on a cultural journey through eight Latin American countries, with a cast of more than 45 artists.

Operating hours: Monday to Saturday, from 6:00 PM to 11:00 PM. The folkloric show begins at 8:30 PM.

Duration: 2 hours.



12) CASA DO CHEF (CHEF'S HOUSE)

A space for events, a culinary school, a production center, and a place for training and consulting. Casa do Chef is designed to cater to various needs, from exclusive private events to cooking classes, with a focus on good food and service, paired with generous portions of information. History, culture, and gastronomy are explored through exclusive menus harmonized with wines and high standards of service. The experience is led by Chef Fábio Del Antônio, who welcomes guests into his own home.

Operating hours: By reservation only.

For more information, visit the Instagram page [@casadochef.iguazufalls](https://www.instagram.com/casadochef.iguazufalls)



13) THE ARGENTINE EXPERIENCE

Discover the rich flavors of Argentine cuisine while interacting with travelers from around the world. The tasting menu allows you to learn how to prepare wine cocktails under the guidance of a sommelier and mixologist (if you select the mixology option). Master the art of making authentic empanadas and attend a lesson on Argentine meat cuts. The menu features grilled provolone cheese, chorizo, and dulce de leche pancakes. End the experience by learning to prepare 'mate' paired with alfajores. The menu can be adapted for pescatarians and vegetarians. Limited slots available. To reserve your experience, visit: <https://theargentineexperience.com/>

Opening hours: By reservation only.

Duration: 3 hours and 30 minutes

14) BARRAGEIRO PUBLIC MARKET

Located in Vila A, the Public Market occupies the space formerly used by the Brazilian Supply and Logistics Company (Cobal), which was responsible for supplying food to the Itaipu workers' villages during the construction of the dam. The market ceased operations in the 1990s. Fully restored, the current facility features a modern thermal insulation system, accessibility, and infrastructure that hosts restaurants, coffee shops, dessert shops, a fresh produce market, handicraft stores, cooperatives, leisure areas, and a kids' space.

Opening hours: Open daily, 10:00 AM to 10:00 PM

15) IGUAZÚ FALLS (ARGENTINA)

Another way to explore the falls is by visiting the Argentine side of the park, which offers a completely different experience and perspectives compared to the Brazilian side.

The Argentine side features three trails: Upper, Lower, and Devil's Throat. The trails are interconnected and linked to the visitor reception center by a train. There is no connection between the two sides within the park, so you'll need to cross the Tancredo Neves Bridge (the international Friendship Bridge) to visit both.

Opening hours: Monday to Sunday, 8:00 AM to 4:30 PM

Duration: Approximately 5 hours

16) FLY FOZ SKYDIVING

A must-visit for adventure and extreme sports enthusiasts, Fly Foz is a skydiving school that also offers tandem jumps for those who want to experience the thrill of jumping from a plane at 3,000 meters and flying at 200 km/h. The jumps take place over the breathtaking scenery of Itaipu Binational and the magnificent Itaipu Lake.

Opening hours: Thursday to Sunday, 8:00 AM until sunset

Duration: 2 hours



17) SECRET FALLS

Dive into Foz's wild side! Secret Falls takes you on a tour of up to 10 beautiful and pristine waterfalls, ideal for a natural hydromassage. The trails are easy to moderate, with an average distance of 1.3 km, and the tours are led by eco-adventure guides fluent in English and Spanish.

For more details about reservations, operating hours, and tour options, visit:

<https://iguassusecretfalls.com.br/>



18) KATTAMARAM

The term "Kattamaram" loosely translates to "tied wood." Located just five minutes by car from the Three Borders Landmark, the departure point is the Sand Extraction Port on the Iguazu River. From there, boats set off daily for the Kattamaram tour, which passes the main landmarks of the tri-border area: the Friendship Bridge, the meeting of the waters, the Three Borders Landmark, the Integration Bridge, and the Friendship Bridge. There are two daily tours, with the first at noon, including an onboard lunch option, and the second at sunset with an optional dinner.

Operating hours: Daily. Lunch: 12:00 PM to 2:00 PM / Sunset: 5:00 PM to 7:00 PM

Duration: 2 hours



19) AQUAMANIA WATER

The city's first water park is located next to Vivaz Cataratas Hotel Resort, along Foz's main tourist corridor. AquaMania Foz features water slides, pools, attractions for children, and a complete structure to welcome those looking to cool off in the heat.

Opening hours: Tuesday to Sunday, 10:00 AM to 6:00 PM. **Closed from March to August.**

20) BLUE PARK WATER

Foz do Iguçu offers thermal beaches for unlimited fun and relaxation. The largest thermal water park in southern Brazil boasts a mega structure that includes artificial beaches with natural sand, zip lines, a swim-up bar, a lazy river, shops, food options, water slides, and a kids' area.

Opening hours: Wednesday to Monday, 10:00 AM to 5:00 PM.

Check the full calendar and ticket prices at <https://blueparkfoz.com.br/>

21) CASINO ACARAY

Located in Ciudad del Este, Paraguay, Casino Acaray offers not only slot machines but also an excellent restaurant in a cozy and safe environment. Whether playing solo or with friends, the casino features roulette, blackjack, poker, Texas Hold'em poker rooms, and mini baccarat.

Opening hours: Monday to Sunday, open 24 hours.

Duration: Flexible

22) CASINO CITY CENTER IGUAZÚ

Attached to the luxurious Iguazu Grand Hotel, just 5 km from the Argentine border and 2 km from downtown Puerto Iguazú, this is one of Latin America's most renowned casinos. The casino offers a luxurious and comfortable setting with 34 gaming tables, including roulette, blackjack, poker, dice, Texas Hold'em with progressive jackpots, and video and mechanical games, as well as 10 electronic terminals for traditional roulette. Additionally, the venue has a bar offering a variety of alcoholic and non-alcoholic drinks, snacks, and other options.

One of the unique features of the casino is the ability to choose the currency in which you wish to receive your accumulated winnings.

Opening hours: Sunday to Thursday, 10:00 AM to 4:00 AM; Friday and Saturday, 10:00 AM to 5:00 AM.

Duration: Flexible

23) MADERO TANGO IGUAZU

Madero Tango Iguazú is an unmissable show that tells the story and culture of Buenos Aires through tango, the quintessential Argentine cultural expression. The show takes place in the events hall of the City Center Iguazú in Puerto Iguazú, near the Argentine customs office. At the end, enjoy a mini tango lesson to dance a little yourself.

Opening hours: Tuesday to Sunday, with two showtimes: 8:30 PM and 10:00 PM. Schedules are subject to change without notice; please confirm availability.

Duration: 1 hour and 30 minutes

24) MUSLIM MOSQUE

A symbol of the Muslim religion in Foz do Iguaçu, this grand mosque features 15-meter-high towers and stunning Arabic-inspired architecture with a minimalist religious decor. Open for public visits.

Opening hours: Monday to Friday, 9:00 AM to 11:00 AM and 2:00 PM to 5:30 PM / Saturday, 9:00 AM to 11:30 AM.

Duration: Flexible

Check operating hours at <https://tickets.mesquitafoz.com.br/>.

25) BUDDHIST TEMPLE

The Buddhist Temple in Foz do Iguaçu is a space for prayer and meditation for the city's Eastern community. Open to the public with free admission, it provides an opportunity to connect with Buddhist philosophy.

Opening hours: Tuesday to Sunday, 9:30 AM to 4:30 PM.

Duration: Flexible



PRIME GOURMET FOZ

Many of the region's attractions, restaurants, and accommodations are part of Prime

Gourmet, a benefits app that offers exclusive "buy one, get one free" deals.

Learn more at:

<https://primegourmetclub.com.br/fozdoiguacu/>



GETTING AROUND FOZ

1. LOCAL PUBLIC TRANSPORTATION

Below is a list of Foz do Iguaçu's main tourist attractions and the local bus routes you can take to reach each one. The average ticket price is R\$ 5.

ATTRACTIVE	NUMBER	LINE
São João Batista Church, Shopping Catuaí Palladium, Blue Park, Acquamanía, Dreams Parkshow, Airport, Wonder Park, Parque das Aves, Iguaçu National Park – Iguaçu Falls/Brazil	120	National Park
Friendship Bridge, Buddhist Temple, Fly Mouth	103	Porto Belo
São João Batista Church, Shopping Catuaí Palladium	105	New Horizon
Friendship Bridge, Itaipu Binacional, Ecomuseu	101/102	Set C North/South
Cataratas JL Shopping, Rodoviária, Itaipu Binacional	40	Set C Bus station
São João Batista Church, Shopping JL Cataratas, 3 Lagoas Beach	225/245	Três Lagoas Center – Porto Dourado – Beach
São João Batista Church, Three Borders Landmark, Yup Star Ferris Wheel	110	Sohab/Profilurb 2
Cataratas JL Shopping, Catedral Nossa Senhora de Guadalupe, Itaipu Binacional	65	University

2. PUBLIC TRANSPORTATION – INTERNATIONAL

📍 Argentina

There are two public transportation companies that operate the route between Foz do Iguacu (Brazil), departing near the Urban Transportation Terminal (TTU), and the Puerto Iguazú International Bus Terminal (Argentina): Crucero del Norte and Rio Uruguay. Services run daily from 7 AM to 7 PM.

📍 Paraguay

To travel to Ciudad del Este (Paraguay), the route begins at the International Bus Terminal of Foz do Iguacu (see map), passing through the Brazilian city center and crossing the Friendship Bridge to the neighboring country. Public transportation between Brazil and Paraguay operates daily from 7 AM to 7 PM.

3. OTHER TRANSPORTATION OPTIONS

📍 Agências de Turismo

The city also has cooperatives of licensed taxis and several receptive tourism agencies that provide transportation services in the tri-border area, ensuring greater safety as these vehicles and drivers are monitored by competent public authorities. For more information about receptive agencies in Foz do Iguacu, visit: <https://www.iguassu.com.br/associados-visit-iguassu>

📍 Ride-hailing Apps and Rental Cars

Ride-hailing apps operate in our municipality, and we also recommend renting a vehicle for greater mobility, allowing you to travel without relying on conventional transportation schedules. It's important to note that rental vehicles require specific documentation to cross the borders into Paraguay or Argentina.



DISCOVER THE BEST SHOPPING CENTERS ON THE BORDER!

DUTY FREE SHOP – PUERTO IGUAZÚ

The Duty Free Shop is located on the border between Brazil and Argentina, offering a great option for those looking for top-brand products in a comfortable and relaxed environment. Highlights include departments for cosmetics, perfumes, chocolates, beverages, and electronics.

Beyond being a major tourist attraction in the region, visitors often feel like they are traveling around the world when exploring the store. The fragrance section resembles Paris, the toy area is a medieval castle, and the beverages, tobacco, and delicacies section reflects the essence of New York.

Opening Hours: Sunday to Thursday: 12:00 PM – 8:00 PM. Friday and Saturday: 12:00 PM – 9:00 PM



CATUAÍ PALLADIUM SHOPPING

Catuaí Palladium is located on Avenida das Cataratas, the main tourist corridor in the region, leading to the waterfalls, Argentina, and the airport—only seven minutes from the city center. Special highlight for the duty-free shops: Cell Shop Duty Free, the largest duty-free store in Brazil located at a land border; and Paris Duty Free, specialized in oriental products.

Opening Hours: Monday to Saturday: 10:00 AM – 10:00 PM. Sunday and Holidays: 10:00 AM – 8:00 PM

CATARATAS JL SHOPPING

Cataratas JL is the first shopping center built in the region. It features 140 stores, 20 dining options, four movie theaters, and over 1,000 parking spaces. Centrally located, it is easily accessible from anywhere in the city.

Inside, you'll also find Liberty Duty Free, which offers internationally recognized brands of perfumes, cosmetics, clothing, and electronics.

Opening Hours: Daily: 10:00 AM – 11:00 PM

SHOPPING CHINA – PARAGUAY

Shopping China is the largest and most traditional importer of goods in Paraguay. Established in 1933, the company has always prioritized offering top-quality, internationally renowned brands. It is one of the most comprehensive stores in Paraguay, boasting a selection of over 150,000 imported items across various categories, such as electronics, home goods, perfumes, toys, and more. With so many options, you're sure to find something to suit your taste.

Opening Hours: Monday to Saturday: 8:00 AM – 5:00 PM. Sunday: 9:00 AM – 4:00 PM.

DUTY-FREE STORES IN FOZ DO IGUAÇU

Visitors to Foz do Iguaçu will discover a shopping paradise. Combining the duty-free allowances from neighboring countries (Paraguay and Argentina) with local duty-free shops in Foz do Iguaçu, shoppers can purchase up to \$1,000 worth of goods tax-free.

In Foz do Iguaçu, there are four options spread across the city's shopping centers and tourist corridor: Cell Shop Duty Free and Paris Duty Free, both located in Shopping Catuaí Palladium.

Liberty Duty Free in Cataratas JL Shopping, specializing in famous international brands of perfumes, cosmetics, clothing, and electronics.

ODA VINHOTECA DUTY FREE

Opened in 2023, ODA Duty Free is the first duty-free store in Foz do Iguaçu specializing in Argentine wines. It offers a unique selection of high-quality Argentine products, including premium wines and olive oils.

Its portfolio features 300 wine labels from Argentina's renowned wine regions, known for their tradition and excellence. The store represents 30 prestigious wineries, showcasing the authenticity and unique flavors of Argentine wines.

Location: Rua Cândido Ferreira, corner of Avenida das Cataratas.

A long time ago...

LEGEND OF THE FALLS

The Caingangue indigenous people, who lived on the banks of the Iguazu River, believed that the world was ruled by M'boi – a serpent-shaped god and son of Tupã. Igobi, the tribe's chief, had a daughter, Naipi, so beautiful that the river's waters would pause whenever the young girl gazed into them. Because of her beauty, Naipi was to be consecrated to the god M'boi, dedicating her life to his worship.

Among the Caingangues, however, there was a young warrior named Tarobá, who fell in love with Naipi the moment he saw her. On the day of Naipi's consecration ceremony, while the shaman and the chiefs drank cauim (a fermented corn drink) and the warriors danced, Tarobá fled with the beautiful Naipi in a canoe, carried away by the river's current.



When M'boi learned of their escape, he was furious. He plunged deep into the earth, twisting his body and creating a giant fissure that formed the waterfalls. Swept away by the waters of this immense cascade, the canoe and the fugitives fell from a great height, disappearing forever.

Naipi was transformed into one of the central rocks of the Falls, eternally lashed by the raging waters. Tarobá was turned into a palm tree, leaning over the river's abyss. Beneath this tree lies the entrance to a grotto where the vengeful god forever watches over his two victims.

How about living this unique experience?

Come to Foz do Iguazu and be amazed by the Destination Iguazu!

4 - DAY ITINERARY

FOZ DO IGUAÇU

DAY 01

Morning

6:00 AM: Sunrise at the Falls with breakfast (experience available on Thursdays and Saturdays)

10:00 AM: Macuco Safari

Afternoon

12:00 PM: Visit and lunch at the Bird Park

3:30 PM: Leave Bird Park

4:00 PM: Visit Wonder Park with Movie Cars

Evening

7:00 PM: Dinner at Rafain Churrascaria Show

DAY 02

Morning

9:00 AM: Dreams Park Show and EcoPark by Dreams

Afternoon

12:00 PM: Lunch in Foz do Iguaçu

4:00 PM: Yup Star – Ferris Wheel

Evening

6:00 PM: Visit Three Borders Landmark and dinner at Cabeza de Vaca

DAY 03

Morning

8:00 AM: Shopping in Paraguay

1:00 PM: Return to Brazil and lunch

Afternoon

3:00 PM: Relax at the hotel

Evening

5:00 PM: Visit Duty-Free Puerto Iguazú, local market, and dinner in Puerto Iguazú, Argentina

DAY 04

Morning

9:00 AM: City Tour (Buddhist Temple, Cathedral, and Mosque)

Afternoon

12:30 PM: Lunch at an Arabic cuisine restaurant

2:00 PM: Itaipu Dam – Panoramic Tour

Evening

6:00 PM: Dinner in a Foz do Iguaçu restaurant

5 - DAY ITINERARY

FOZ DO IGUAÇU

DAY 01

Morning

8:30 AM: Visit Bird Park
10:30 AM: Visit the Iguazu Falls (Brazilian side)
12:30 PM: Lunch inside the park

Afternoon

2:00 PM: Macuco Safari
5:00 PM: Leave Iguazu National Park

Evening

6:30 PM: Visit Wonder Park with Movie Cars and Water Show
9:00 PM: Dinner in Foz do Iguazu

DAY 02

Morning

9:00 AM: Dreams Park Show and EcoPark by Dreams

Afternoon

12:00 PM: Lunch in Foz do Iguazu
3:00 PM: Yup Star – Ferris Wheel
4:00 PM: Three Borders Landmark

Evening

7:30 PM: Dinner at Rafain Churrascaria Show

DAY 03

Morning

8:00 AM: Shopping in Paraguay

Afternoon

1:00 PM: Return to Brazil and lunch
2:00 PM: Relax at the hotel

Evening

6:00 PM: Visit Duty-Free Puerto Iguazú, local market, and dinner in Puerto Iguazú, Argentina

DAY 04

Morning

9:00 AM: City Tour (Buddhist Temple, Mosque, and Cathedral)

Afternoon

12:00 PM: Lunch in Foz do Iguazu
1:30 PM: Secret Falls (a unique hike or a half-day waterfalls experience)

Evening

7:00 PM: Dinner with Madero Tango Iguazú

DAY 05

Morning

8:00 AM: Visit the Iguazu Falls (Argentine side)

Afternoon

1:00 PM: Lunch by the Argentine side of the Falls
3:00 PM: Return to the hotel

Evening

6:30 PM: Itaipu Dam Lights Show (available on Fridays and Saturdays)
9:00 PM: Dinner in Foz do Iguazu

7 - DAY ITINERARY

FOZ DO IGUAÇU

DAY 01

Morning

8:30 AM: Panoramic helicopter flight

10:30 AM: Visit Bird Park

12:30 PM: Enter the Iguazu Falls

Afternoon

1:00 PM: Lunch at Porto Canoas

2:30 PM: Macuco Safari

5:00 PM: Naipi Space for the Sunset at the

Falls experience (available on Tuesdays,

Fridays, and

Saturdays)

Evening

9:00 PM: Dinner in Foz do Iguazu

DAY 02

Morning

8:00 AM: City Tour (Buddhist Temple,

Mosque, and Cathedral)

Afternoon

12:00 PM: Lunch in Foz do Iguazu

2:00 PM: Relax at the hotel

Evening

6:00 PM: Visit Duty-Free Puerto Iguazú,

local market, and dinner in Puerto Iguazú,

Argentina

DAY 03

Morning

8:00 AM: Shopping in Paraguay

Afternoon

12:00 PM: Return to Foz do Iguazu and

lunch

3:30 PM: Visit the Bela Vista Biological

Refuge

Evening

8:00 PM: Dinner at Rafain Churrascaria

Show

DAY 04

Morning

8:00 AM: Visit the Iguazu Falls (Argentine side)

Afternoon

1:00 PM: Lunch by the Argentine side of the Falls

3:00 PM: Return to the hotel

Evening

6:00 PM: Wonder Park with Movie Cars and

Water Show

8:30 PM: Thematic burger dinner at Wonder Park

DAY 05

Morning

9:00 AM: Dreams Park Show and EcoPark by

Dreams

Afternoon

1:00 PM: Lunch in Foz do Iguazu

3:00 PM: Yup Star – Ferris Wheel

Evening

5:30 PM: Sunset boat tour on Kattamaram

with dinner

DAY 06

Morning

8:30 AM: Half-day Secret Falls experience

Afternoon

1:00 PM: Lunch in Foz do Iguazu

2:00 PM: Relax at the hotel

Evening

7:00 PM: Dinner with Madero Tango Iguazú

DAY 07

Morning

10:00 AM: Visit a water park

Afternoon

12:00 PM: Lunch at the water park

Evening

6:00 PM: Visit Three Borders Landmark and

dinner at Cabeza de Vaca

ABOUT VISIT IGUASSU

Visit Iguassu is the city's Convention Bureau, a private non-profit organization representing over 120 businesses in the tourism sector in Foz do Iguacu and the tri-national region. As the marketing and promotion office for the Iguassu Destination, our mission is to develop actions that generate business for the city and our members.

Our three main areas of focus are Event Acquisition

1. Leisure Tourism Acquisition
2. Marketing and Communication targeting global audiences.

Our primary revenue sources include membership fees (from event service providers, cobrança pela recepção dos hotéis

WHAT IS TOURISM TAX? HOW IMPORTANT IS IT?

As the name suggests, it is a fee charged exclusively by hotels associated with Visit Iguassu. It is used to invest in constant improvements in Foz do Iguacu for the tourism sector and in promotional activities and attracting events.

The tourism tax is passed on in full to Visit Iguassu, the only institution authorized for this collection, which is also responsible for making proper use of it with a focus on benefits for everyone.

WHAT IS THE BENEFIT FOR GUESTS?

Contributing guests receive free outpatient assistance provided by a partner company. This service is only accessible via the hotel reception.

HOW MUCH IS THE TOURIST TAX?

The contribution amounts are symbolic and vary according to the hotel's category, with the highest rate (for luxury hotels) being less than \$1 (USD) per person, per day.

WHAT IS DONE WITH THE AMOUNT COLLECTED?

The funds are invested in promotional campaigns and infrastructure projects, improving services and generating employment and income distribution. This optional tax is essential for the city's development—please contribute!

Speak to our Visitors Team

This guide was prepared by Visit Iguassu's Visitors team. If you have any questions about the destination, please reach out to us.

Email: visitors1@iguassu.com.br

Phone: +55 (45) 3027-6677

It will be a pleasure to help you choose Foz do Iguaçu as your next travel destination!

Visit our website: www.iguassu.com.br

Follow us on social media:

